

YOGA VINYASA FLOW



Virtual

TUESDAYS

FALL SESSION 1:

OCT. 6 – NOV. 10

FALL SESSION 2:

DEC. 1 – JAN. 19

6:30 P.M. – 7:30 P.M.

Fee: \$50 resident

\$60 non-resident

Instructor Stacey Schnurr

**Register Online at cromwellrec.com
or call 860-632-3467.**

**Prior to the start of class you will be sent
a link to join this Zoom session.**

