



2020

**Camp Cromwell
Parent Handbook
COVID-19 Compliancy**

Dear Parents/Guardians:

Welcome to the Cromwell Recreation Department's summer camp program, Camp Cromwell.

In this handbook, we have outlined the procedures and guidelines which will be in place in accordance with the CDC, the State of Connecticut Office of Early Childhood and the Cromwell Health Department recommendations due to the COVID-19 pandemic.

Camp Cromwell will run from 9:00 a.m. to 4:00 p.m. each day, Monday through Friday, from June 29 through August 7. There will be **no** camp on Friday, July 3. There will be **no** pre or post camp this year.

The goal of the Cromwell Recreation Department is to offer a safe, secure environment for our children and be responsive to the needs of our employees and the residents of Cromwell.

Each day campers should bring (all items labeled with camper name):

- Bathing suit and towel (when indicated in weekly Newsletter)
- Sunscreen
- Bagged lunch
- Snack (Packed separately. Please try to be cautious of any food allergies.)
- Bottled water or a refillable water bottle
- Sneakers (No flip flops)
- Any necessary medication and appropriate paperwork (to be given to/held onto by the Head Counselor). Please make sure all medication is properly labeled. See page 4 for details.

If you should have any further questions, please contact the Cromwell Recreation Department at 860-632-3467.

Name	Title	Phone	Email
Scott Kieras	Recreation Director	860-632-3467	skieras@cromwellct.com
Shelby Jones	Recreation Supervisor	860-632-3467	sjones@cromwellct.com
Kate Puorro	Youth Services Administrator	860-632-3448	kpuorro@cromwellct.com
Mike Melino	K-1 Site Director	860-716-0101	
Rob Aresti	2-4 Site Director	860-803-1145	
Mike Campitelli	5-8 Site Director	860-819-2361	

Addresses and Drop Off/Pick Up locations for our Camp Sites

Grades	Camp Site	Address	Drop Off/Pick Up
K - 1	Woodside Intermediate School	30 Woodside Road	Front of School See attached map
2 - 4	Woodside Intermediate School	30 Woodside Road	Back of School See attached map
5 - 8	Cromwell High School	34 Evergreen Road	Entrance at end of building See attached map

CAMP CROMWELL OPERATION UNDER STATE COVID-19 GUIDELINES

Drop Off Procedure:

- There will be staggered drop off times for each group between **8:45 a.m. and 9:15 a.m.**
- Parents will not be allowed out of their vehicles.
- Site Director, wearing proper PPE, will take health assessment of each camper for any observable illness, including cough or respiratory distress. Site Director will take temperature of the camper with non-contact thermometer to confirm temperature below 100 degrees.
- Once Site Director has confirmed that it is okay for child to enter camp, the parent will be given the signal to depart.
- Any camper with a temperature greater than 100 degrees, or any signs of cough or respiratory distress, will not be allowed in camp that day.
- Campers will be required to thoroughly disinfect hands prior to entering the building. Hand sanitizer, soap and water will be available at every site.
- In the event of a late drop off, parents will be asked to call the Site Director's phone number and a Site Director will go outside to implement the intake procedures.
- There will be no sign in by parents in order to mitigate exposure to staff. Attendance will be taken in each classroom each day by the counselors.
- Parents will be requested to call a child out if they will not be attending camp that day.
- As the campers arrive to their designated classroom, counselors will check them in and collect all lunches, snacks, and notes. Any medications will go to the Site Director.
- In order to reduce cross contamination, each camper's belongings will be kept separate from other campers.

Daily Camp Schedule

Campers will be divided into groups of 10 with two counselors to each group. Campers will be grouped by grade: K-1, 2-4, 5-6, and 7-8 at their designated locations. Each group will have their own daily/weekly schedule of special activities specific to their group.

Campers will remain in the same group each day with the same two counselors. Each group will remain in their separate designated room.

In order to limit the mixing of children, groups will remain separate at all times, including during lunch, playground times and for entertainment or other planned activities.

The basic daily outline is as follows:

Time	Activity
8:30 a.m.	Staff arrives, receives health check, daily update and gets organized
8:45 a.m. - 9:15 a.m.	Campers arrive, receive health check, sanitize hands prior to entering building and head to designated room. There will be staggered arrival times.
9:15 a.m. - 12:00 p.m.	Morning Programs and Activities
11:30 a.m. - 12:30 p.m.	Lunch (depending on site schedule)
12:30 p.m. - 3:30 p.m.	Afternoon Programs and Activities
3:30 p.m. - 3:45 p.m.	Closing Activities
3:45 p.m. - 4:00 p.m.	Campers Depart Camp

Pick Off Procedure:

- There will be staggered pick up times beginning at **3:45 p.m. to 4:15 p.m.**
- Parents/guardians should remain in their vehicles at all times.
- Site Director will check IDs as necessary and mark the attendance sheet as each camper is picked up.
- Campers will be walked to vehicles by camp staff.

Valid photo identification is required for all campers to be picked up. This pertains not only to parents and guardians but also to any family or friends that may be picking up your child. If the person picking up your child is not the usual person, there must be a handwritten note from the parent/guardian identifying who will be picking the child up on

that specific day(s). The name on the pickup list must match the name on the photo identification. **Please make sure to have a photo identification immediately available** when picking up your child(ren) as you will be asked for it. Please respect this policy as it has been designed to safeguard our campers and their family. Parents/Guardians must notify us if there are any custody issues and provide appropriate documentation.

Camper Early Dismissal

If you will be picking up your child early you must send a note in writing signed and dated. If you will not be able to pick up your child please send a note in the morning as to who is authorized to pick up your child. Please do not walk school grounds looking for your child - check-in with the Site Director. Only the Site Director may sign a child out early.

Pre-Camp and Post-Camp Program

Due to the COVID-19 pandemic, there will be **no** pre-camp and post-camp program this year.

Late Pickup

A **\$25 late fee** will be charged to a parent/guardian picking their child up after **4:15 p.m.**

Communication/Visits

If at any point you have any questions, comments or concerns, please feel free to contact camp via the Recreation Office at 860-632-3467 or the individual Site Director according to the numbers in the beginning of this handbook.

Discipline Policy

Camp Cromwell staff adhere to a fair but strict discipline policy. The overarching camp-wide expectations are:

“Take care of yourself, Take care of others, Take care of the things around you.”

All site-specific rules fall under these expectations. These three expectations create a cohesive framework for all expected behaviors, which can easily be used by staff and parents alike.

Cromwell Youth Services supports Camp Cromwell Staff in the implementation of the discipline policy and behavior management.

Should any camper display repeated unwanted behaviors or difficulty managing behaviors, they may be referred to Cromwell Youth Services. On a case-by-case basis, the Cromwell Youth Services Administrator may work with campers one-on-one, implement behavior plans, and provide on-site support to campers and staff around behaviors. The Cromwell Youth Services Administrator is a Licensed Master Social Worker and Certified School Social Worker experienced in behavior support with youth.

Level 1 Behaviors	Level 1 Consequences
<p>Level 1 behaviors are minor rule violations that will result in an immediate verbal correction with a possible consequence implemented by a counselor.</p> <ul style="list-style-type: none"> - Running indoors - Unsafe/Rough play (hands on) - Littering or spitting - Electronic equipment at camp - Failure to follow camp rules - Uncooperative behaviors - Minor defacement of property - Using unacceptable language - Out of assigned area w/out permission - Put downs/Teasing others - Unwillingness to take part in activities 	<p>The first time a child misbehaves for level 1 behaviors they will be reminded of expectations and redirected.</p> <p>The second time a child misbehaves for Level 1 behaviors they will be reminded of expectations and warned of the consequence should they continue.</p> <p>If the child misbehaves a third time for Level 1 behaviors they will be reminded of the expectation they did not follow and spend time away from the group.</p> <p>Before rejoining the group, the child will work on the behavior worksheet with a counselor about what happened, who they affected, how they can make it right, and how they can do better next time.</p>

Level 2 Behaviors	Level 2 Consequences
<p>Level 2 behaviors are more serious in nature. Level 2 behaviors will result in an immediate verbal correction, a logical consequence, and a written behavior report that is signed by and discussed with the camper's counselor and parent.</p> <ul style="list-style-type: none"> - Chronic Level 1 behavior - Vandalism (minor) - Hitting or pushing (unwanted contact) - Bullying – repeated behaviors over time - Verbally disrespectful to peers or staff 	<p>When a child misbehaves for level 2 behaviors, they will immediately be reminded of the expectation they did not follow and spend time away from the group. Before rejoining the group the child will talk with a counselor about what rule/expectation was broken, why the behavior was wrong, who they affected, and how they can do better next time.</p> <p>The Youth Services Administrator may be contacted if behavior concerns are noted by staff.</p>

Level 3 Behaviors	Level 3 Consequences
<p>Serious fighting, harassment, and verbal abuse violating the dignity, well-being, and safety of another camper or person. These behaviors will not be tolerated and will result in referral to the office as well as a written documentation to be sent home to the parents/guardians. Some Level 3 behaviors may be corrected using a variety of logical consequences.</p> <ul style="list-style-type: none"> - Chronic Level 2 behaviors – pattern over time (3 incidents) - Stealing - Fighting/assault/physical aggression - Vandalism (serious) - Possession of unsafe items - Intimidation/verbal threats - Harassment - Verbal abuse/directed profanity - Disrespect towards adults - Insubordination 	<p>Campers who engage in Level 3 behaviors will be referred to the Camp Director for immediate corrective action. A Referral Report Form is required for all campers sent to the office for these behaviors. The names of campers who engage in Level 3 behaviors should be sent forward at this time. The Youth Services Administrator may be contacted by staff. After consulting with the parents and appropriate camp personnel, the Camp Director will issue appropriate consequences and facilitate corrective action designed to help the camper improve his/her behavior.</p> <ul style="list-style-type: none"> - Parental conference - Behavior plan - Expulsion from camp after 3 referrals

Clothing

Please make sure your child is dressed for active, outdoor play each day, including sneakers every day – **no** open-toed sandals allowed. All clothes should be labeled with your child’s name. Your child should bring a bathing suit and towel on days indicated in the weekly newsletter for water games. Please dress your child appropriately based on the weather. Be sure to supply your child with their own sunscreen that they can apply themselves.

Lunch/Snack

Please send your child with a lunch and a water bottle with his/her name on it every day in a lunch cooler with ice packs. Lunches will be stored indoors at each of the camp locations. **There are no facilities available for heating food.** Lunch should include a drink. Snack time will be available for those campers choosing to bring a snack – snacks should be put in a separate bag from lunch and labeled as well. Also, if your child has a specific food allergy, even if already reported to the Site Director, please confirm this with your Site Director on the first day of camp for that week.

Rainy Days/Hot Days

Camp is held regardless of weather. On rainy days, please send your child with rain gear or an extra set of clothing, as we will be in and out of the buildings. On extremely hot days we make every effort to keep our campers cool and hydrated – it is your choice to keep your child(ren) home if you so choose.

Cell Phones, Video Games, Cards, etc.

Camp is an active and fun place. All electronics/games such as smart phones, handheld gaming systems, iPods, Pokemon or gaming cards, etc. are not allowed at camp and should be left at home. These items distract from the group activities that our staff has planned. If any of these items are found at camp, the Site Director will keep them until the end of the day. We are not responsible for lost or stolen items.

Lost and Found

Children often misplace/lose their items at camp. Each group will have their own Lost and Found designated area. Please check with Site Director for any lost items. Make sure to write your child's name on their belongings so they can be returned if found at camp.

Publicity

By registering for our program you give us permission to take and publish photos of your child participating. If you do not wish to have him/her photographed you must put this in writing prior to the start of camp.

HEALTH INFORMATION

Enhanced Health Procedures:

Staff shall practice enhanced handwashing and health practices.

Implement hand hygiene: Regular hand washing with soap and water for at least 20 seconds should be done:

1. Arrival to the facility and after breaks
2. Before coming in contact with any child
3. Before and after eating
4. Before and after administering medication
5. After sneezing, coughing or nose blowing
6. After using the rest room
7. Before handling food
8. After touching or cleaning surfaces that may be contaminated
9. After using any shared equipment like toys, computer keyboards, mouse
10. After playing outdoors
11. After handling garbage

If soap and water are not available, use an alcohol-based hand sanitizer. Use of alcohol-based hand sanitizers should always be supervised by adults.

Implement respiratory hygiene: Cover coughs and sneezes with tissues or the corner of the elbow and dispose of soiled tissues immediately after use.

Staff shall use cloth face covering at all times. Children are not required to wear masks in this setting.

Social Distancing Strategies:

Social distancing is required. Campers will remain within the same group each day throughout the week and the same staff will remain with the same group each day.

Each group of campers with two staff members will be designated a separate room. There will be no mixing of groups. There we be staggered playground times and groups will be kept separate for lunch and other activities.

Protocols for COVID-19 diagnosis:

If a staff member or camper who has been present in camp is diagnosed with COVID-19, the Recreation Department will notify families and staff about the exposure. It is also recommended by the CDC that if a staff member/camper has recently had close contact with a person with COVID-19 they should stay home.

The Recreation Director will determine the date of symptom onset for the staff member/camper and whether the staff member/camper worked/attended camp while symptomatic or during the two days before symptoms began and what days the staff member/camper worked/attended during that time.

With the assistance of the Site Director, the Recreation Director will determine who had close contact with the staff member/camper at camp during those days, both staff and other campers. Those staff members and campers who are determined to have had close contact with the affected staff member/camper will be excluded from camp for 14 days after the last day they had contact with the affected staff member/camper.

Areas used by the person who is sick will be closed off until thoroughly disinfected. The areas where the staff member/camper who is diagnosed with COVID-19 had access to will be given appropriate cleaning and disinfection, including bathrooms and common areas. Custodial staff should wait up to 24 hours or as long as possible before cleaning or disinfecting to allow respiratory droplets to settle before cleaning and disinfecting. Outside doors and windows should be opened to increase air circulation in the areas.

Medication

If your child will need medication while at Camp Cromwell the attached form must be filled out and on file, including the ***signature of a physician or dentist***. Please give your physician's office ample time to complete this form prior to the start of camp. Regardless of whether your child will self-administer or the medication will be administered by the Site Director this form must be completed in its entirety; this applies to both prescription and over-the-counter medications. **Please use a separate form found on page 9 for each medication.**

Medicine may not be stored at camp overnight; it will be destroyed at the end of the day. Each day's single dose must be sent to camp ***in its original container*** with the pharmacy label with the camper's name, the medication type, dose, and time that it needs to be taken. This container should be given to the Site Director for safe keeping throughout the day. Failure to comply will result in your child not being able to stay at camp until the issue is resolved.

Permission to Treat

This form permits any trained professional, doctor or medical facility to administer an anesthetic and perform emergency procedures. If you opt not to sign this form you must state in writing to the Site Director that you do not wish to have this kind of care for your child.

Authorization for the Administration of Medication by School, Child Care, and Youth Camp Personnel

In Connecticut schools, licensed Child Day Care Centers and Group Day Care Homes, licensed Family Day Care Homes, and licensed Youth Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the State Statutes and Regulations. Parents/guardians requesting medication administration to their child shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child's name, name of medication, directions for medication administration, and date of the prescription.

Authorized Prescriber's Order (Physician, Dentist, Optometrist, Physician Assistant, Advanced Practice Registered Nurse or Podiatrist):

Name of Child/Student _____ Date of Birth ____/____/____ Today's Date ____/____/____

Address of Child/Student _____ Town _____

Medication Name/Generic Name of Drug _____ Controlled Drug? YES NO

Condition for which drug is being administered: _____

Dosage _____ Method /Route _____ Time of Administration _____ Start Date ____/____/____ End Date ____/____/____

Specific Instructions for Medication Administration _____

Dosage _____ Method/Route _____

Time of Administration _____ If PRN, frequency _____

Medication shall be administered: Start Date: ____/____/____ End Date: ____/____/____

Relevant Side Effects of Medication _____ None Expected

Explain any allergies, reaction to/negative interaction with food or drugs _____

Plan of Management for Side Effects _____

Prescriber's Name/Title _____ Phone Number (_____) _____

Prescriber's Address _____ Town _____

Prescriber's Signature _____ Date ____/____/____

Parent/Guardian Authorization:

- I request that medication be administered to my child/student as described and directed above
- I hereby request that the above ordered medication be administered by school, child care and youth camp personnel and I give permission for the exchange of information between the prescriber and the school nurse, child care nurse or camp nurse necessary to ensure the safe administration of this medication. I understand that I must supply the school with no more than a three (3) month supply of medication (school only.)
- I have administered at least one dose of the medication to my child/student without adverse effects. (For child care only)

Parent/Guardian Signature _____ Relationship _____ Date ____/____/____

Parent /Guardian's Address _____ Town _____ State _____

Home Phone # (____) _____ - _____ Work Phone # (____) _____ - _____ Cell Phone # (____) _____ - _____

SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/APPROVAL

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse (if applicable) in accordance with board policy. In a school, inhalers for asthma and cartridge injectors for medically-diagnosed allergies, students may self-administer medication with only the written authorization of an authorized prescriber and written authorization from a student's parent or guardian or eligible student.

Prescriber's authorization for self-administration: YES NO _____

Signature _____ Date _____

Parent/Guardian authorization for self-administration: YES NO _____

Signature _____ Date _____

School nurse, if applicable, approval for self-administration: YES NO _____

Signature _____ Date _____

Today's Date ____/____/____ Printed Name of Individual Receiving Written Authorization and Medication _____

Title/Position _____ Signature (in ink) _____

Parental Permission to Treat

In the event of an emergency during which we cannot be reached we hereby give permission to the bearer of this form to allow any doctor, medical facility, volunteer or employee of the Town of Cromwell to administer first aid or CPR until emergency medical treatment can be obtained.

We also give permission to the bearer of this form to allow any doctor or medical facility to administer an anesthetic and perform emergency procedures as may be necessary for our child:

_____.

I will not hold the officials or agents thereof financially responsible for whatever emergency care may be provided.

Parent/ Participant Signature

Date



COVID-19 Camp Daily Symptom Checklist

This checklist has been developed by the Cromwell Recreation Department with the guidance from our local/State/CDC Departments. This document should be filled out *every day* before employees/campers enter the camp facility. This checklist should be filed and kept until camp concludes for the season.

Name: _____

Date: _____

Temperature: _____

In the last 14 days have you had any of the following:	Yes	No
Cough		
Shortness of Breath or Difficulty Breathing		
Fever		
Chills		
Muscle Pain		
Sore Throat		
New Loss of Taste or Smell		
Nausea, Vomiting, or Diarrhea		
Close contact with individuals diagnosed with COVID-19		

If you answered yes to any of the above

- 1. Do not enter the camp facility**
- 2. Go home and self-isolate daily**
- 3. Report your symptoms or COVID-19 diagnosis to our department @ 860-632-3467 or @ recreation@cromwellct.com.**

INFORMED CONSENT
2020 CAMP CROMWELL / LITTLE CAMP CROMWELL

I hereby attest that I have been informed of the following pertaining to the coronavirus:

- People who are 65 years and older and people of any age who have serious underlying medical conditions or are at higher risk for severe illness from COVID-19 are recommended to stay at home. A list of medical conditions associated with a higher risk for severe illness from COVID-19 can be found in [CDC's guidance](#).¹ Individuals and families should consult their healthcare provider to determine whether they have medical conditions that place them at risk.
- Staff and children living in households with individuals who are 65 years and older OR have higher risk for severe illness from COVID-19 are recommended to stay home.
- Acknowledge receipt of 2020 Camp Cromwell Parent Handbook COVID-19 Compliancy guidelines.

Signature of Staff or Parent/Guardian

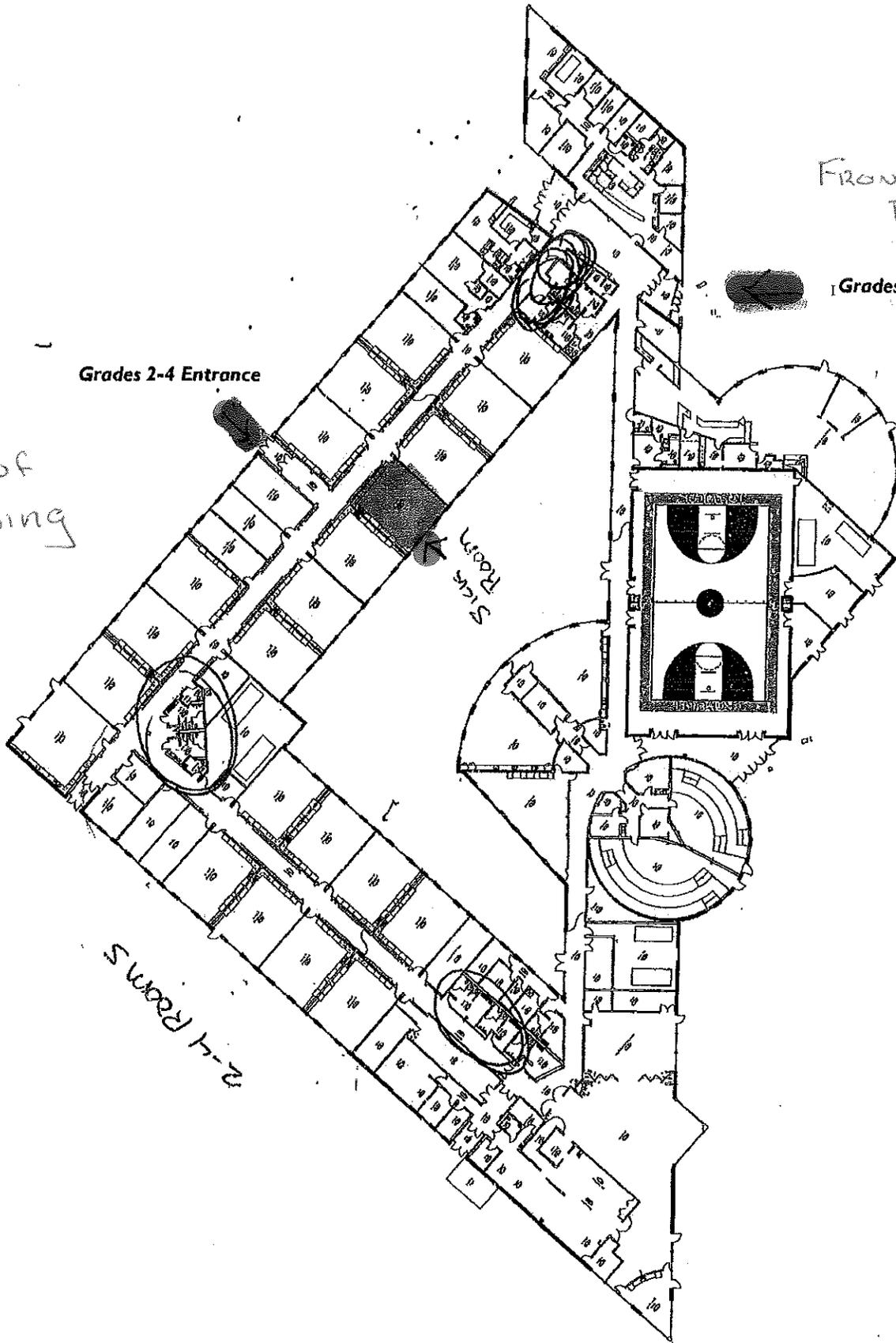
Printed Name

Child's Name (if a parent/guardian)

Date

¹ Includes chronic lung disease or moderate to severe asthma, serious heart conditions, immunocompromised (cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications), severe obesity (body mass index [BMI] of 40 or higher), diabetes, chronic kidney disease undergoing dialysis and liver disease. Individuals should consult their healthcare provide to determine whether they have medical conditions that place them at increased risk for severe illness from COVID-19.

Woodside Intermediate School
Grades K-4



FRONT OF
BUILDING

Grades K-1 Entrance

Grades 2-4 Entrance

Stairs

Back of
BUILDING

2-4 ROOMS

om

A

Cromwell High School

Grades 5-8

