



Girl Talk Night!

For girls in fifth grade and higher and a trusted adult in their lives.

This FREE workshop aims to help open the lines of communication between girls and the important adults in their lives. Join us for a fun, informational night! Topics include the importance of positive self-worth, healthy communication, and how to deal with difficult situations that may arise during this dynamic time of their lives.

Cromwell Town Hall Gym

Thursday, October 29 at 6:30-8:00 PM

OR

Thursday, November 12 at 6:30-8:00 PM



Presented by Alicia Berger Harriman, MSPT, DPT

REGISTER AT
CROMWELLCT.MYREC.COM
OR CALL 860-632-3467