

CROMWELL RECREATION DEPARTMENT

2026 SPRING/SUMMER BROCHURE

Cromwell Recreation Department

41 West Street

Cromwell, Connecticut 06416

Phone: 860-632-3467

FAX: 860-632-3435

Email: recreation@cromwellct.com

Web Address:

cromwellrec.recdesk.com



NEW!!!!
RecDesk
Registration
See page 4



WHERE TO FIND IT

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RECREATION PROGRAMS

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Letter from the Director

Our department is excited to share that we are in the final stages of implementing a new registration software system designed to make participating in Cromwell Recreation programs easier and more convenient than ever. RecDesk will provide residents with a streamlined, user-friendly experience across both desktop and mobile devices—allowing families, especially busy parents, to browse, register, and manage activities right from their smartphones. This upgrade will significantly enhance accessibility, improve efficiency, and address limitations of our previous system while supporting the continued growth of our programs. Residents are encouraged to create user profiles and explore the new platform so they are ready to register when spring/summer programming and rentals open. See page 4 for additional information.

We are looking forward to a vibrant and active summer season filled with camps, concerts, and special events. The Town of Cromwell Farmers Market proudly enters its fifth season, running every Friday from June 5 through September 4, from 4:00 PM to 7:00 PM. If you are interested in becoming a vendor or sponsor, our office would be happy to assist you. Our Little Camp Cromwell program will once again offer expanded flexibility, operating five days a week with 2-, 3-, and 5-day options to better meet the needs of families.

As always, we welcome your feedback, ideas, and involvement as we continue working to enhance the recreational experience for all members of our community. Please do not hesitate to reach out.

Sincerely,

Scott Kieras
Recreation Director



Mission:

The department is dedicated to offering a diverse range of leisure and enrichment programs for Town residents of all ages, from preschool through adulthood, including specialized senior programming. Our offerings include, but are not limited to, sports leagues, instructional classes, fitness programs, toddler activities, music education, arts and crafts, special events, summer concerts, and a variety of additional programs.

Americans with Disabilities Act (ADA) Compliance:

We are committed to providing inclusive and accessible programs for all participants. Individuals requiring special services or accommodations are encouraged to contact our department at least 20 business days prior to the start of the program to allow sufficient time for arrangements to be made.

Contact Us:

Cromwell Recreation Department
41 West Street, Cromwell, CT 06416

Phone: 860-632-3467

Website: <https://cromwellrec.recdesk.com>

Recreation Staff:

Scott Kieras, Recreation Director - Ext. 4
skieras@cromwellct.com

Shelby Jones, Recreation Supervisor - Ext. 3
sjones@cromwellct.com

Rosanne Krajewski, Admin Assistant - Ext. 2
recreation@cromwellct.com

Joshua Heaney, Recreation Assistant - Ext 2
jheaney@cromwellct.com

Town Sports Organizations:

Cromwell Lions (Youth Football)

cromwelllions.com
cromwelllions@gmail.com

Cromwell Little League

cromwelllittleleague.com
info@cromwelllittleleague.com

Cromwell Chill Soccer Club

cromwellsoccer.com
cromwellchillsoccerclub@gmail.com

Rebel Travel Basketball

cromwellrebelsbasketball@gmail.com

OOPS! Despite our best effort, errors sometimes make it into print. We apologize for any inconvenience these errors may cause.

For any parks related issue please contact the Public Works Department at 860-632-3420.

Recreation Commission: Commissioners

Dan Brisson
John Schmaltz
John Schukoske
Gregory Valente
Jim Vinchetti

Meetings are held the first Thursday of each month at 5:00P.M.

POLICY & PROCEDURES

Registration Process:

Registration is processed online at cromwellrec.recdesk.com or in person or by phone during regular office hours. You must create a RecDesk account (see page 4) and add your family prior to registering for a program. Full payment is required at the time of registration. A receipt will be emailed automatically upon completion of registration or printed upon request. If a program reaches capacity, registrants will be placed on a waitlist and notified as space becomes available.

Photo Policy:

By registering for or participating in a program, you grant permission for Cromwell Recreation to photograph and/or publish images for promotional purposes. If you do not wish to be photographed, please submit your request in writing prior to the start of the program.

Non-Residents:

Non-residents are welcome to register for programs; however, for some programs Cromwell residents receive priority registration. A non-resident fee may apply to eligible programs and some programs may be restricted to residents only.

Pavilion Rentals:

A Request for Pavilion Rental Form must be submitted to the Recreation Department by email or in person at least two weeks prior to the requested date. Once submitted, an invoice will be generated on RecDesk and payment will need to be made prior to receiving a permit.

The Request for Pavilion Rental Form can be found online at cromwellrec.recdesk.com.

Payment:

Payment may be made by cash, check, or credit card. Checks should be made payable to "Town of Cromwell." Returned checks are subject to a \$20 service fee.

Credit Cards:

Our RecDesk registration system allows users to securely store credit card information for future transactions. To save your card, select "Manage Payment Information" at checkout.

Financial Assistance

Financial assistance is available on a first-come, first-served basis to those who qualify. For eligibility requirements and application information, please see page 4 or visit our website.

Refund Policy:

Cromwell Recreation strives to provide high-quality programs at reasonable costs. Program fees are based on participation numbers. Refunds are issued only when requested in advance and subject to the following conditions: Full refunds will be automatic if a session is cancelled.

Cancellations and refund requests must be made three business days before the program begins.

Once a program has begun, refunds will not be issued unless there is a waitlist or a medical emergency. A physician's note is required.

No refunds will be issued for unused portions of a program.

All refunds are subject to a \$10 processing fee.

For summer camps, no refunds will be issued once a session begins without a physician's note.

Cromwell Recreation reserves the right to:

Make changes to pricing, program content, descriptions and schedules at any time without notice.

Updates and Cancellations:

- If Cromwell Public Schools are **cancelled**, all recreation programs held in school facilities will also be cancelled. Determinations for non-school locations will be made by the department.
- If schools have a **delayed opening**, all morning programs scheduled before 12:00 p.m. will be cancelled.
- If schools have an **early dismissal**, all afternoon and evening programs held in schools will be cancelled.
- Please contact our office (Extension 1) or visit our website and social media pages for the most up-to-date information regarding cancellations and program updates.

RECDESK REGISTRATION PROCESS

The new Cromwell RecDesk system makes it easy for customers to explore upcoming activities and programs, request pavilions, complete forms and pay securely by credit card.

1. **Go to cromwellrec.recdesk.com**

Create a new account or login.

2. **Confirm your email address and phone number**

Please use an email that you check frequently. E-mail and phone number is how the Recreation Department will reach out to you regarding program cancellations, camp newsletters, marketing material and any other important information.

3. **Add family members**

Once your account is created, on the left hand side you will be able to "Add household member." Please feel free to add any household members that will need information regarding emails or will be signing up for a recreation program. Make sure each persons birthday and grade are accurate to avoid delays at registration.

4. **Sign up for a program**

Once your household is complete, locate the "Programs" tab. Here is where you will be able to view all our program offerings. Click "Register Now" on the program of your choice. If the program requires you to complete forms, please do so at this time.

5. **Payment process**

Credit or debit card payments can be made using Discover, Mastercard, Visa and American Express. Cash, check or credit cards are accepted for registration in person as well. Receipts will be sent to your email as soon as payment is successful.

6. **Waitlist**

If a program is full, please add the participant to the waitlist and the Recreation Department will notify you if a spot becomes available.

7. **Help!**

If you are struggling, please locate the "Help" tab to answer any of your questions.

FINANCIAL AID INFORMATION

Financial aid is available on a first-come, first-served basis for eligible families, with a maximum of \$375 per participant annually, pending proper documentation. Applications are available online at cromwellrec.recdesk.com or by contacting the Recreation Department at recreation@cromwellct.gov.

APPLICATION PROCESS (PLEASE READ CAREFULLY)

To apply for financial aid, families must:

- Complete the 2026 Cromwell Recreation Financial Aid Application.
- Meet income eligibility guidelines based on family size and gross household income. Income must not exceed 200% of the Federal Poverty Guidelines.
- Submit documentation to the Cromwell Human Services Office, including:
 - Proof of residency
 - One month of proof of income. (Example: Paystubs, Child Support, etc.)
 - Current bank statement

Financial aid may only be used toward Recreation Department programs.

Applicants will be contacted upon approval to register for camp or programs.

All information will be kept confidential.

HATHA VINYASA YOGA

This class offers a balanced mix of strength, flexibility, and mindful movement with options provided for beginners and experienced students alike. Build confidence, explore proper alignment and develop a sustainable yoga practice in a supportive, inclusive environment.

Ages: 18 and up

Instructor: Jeannine Marron, E-RYT200, RCYT95, PYT, YACEP

Dates: Mondays

Session 1: March 16 – April 20

Session 2: May 4 – June 15 **(No class 5/25)**

Time: 6:30 – 7:30 P.M.

Location: Peaceful Chaos Yoga Studio

Pricing: \$85 resident/\$95 non-resident



YOGA EXPLORE

This class will explore asana (poses) from four different types of yoga: Vinyasa, Yin, Restorative, and Gentle. Each class includes a guided meditation during savasana (final relaxation).

Ages: 18 and up

Instructor: Jeannine Marron, E-RYT200, RCYT95, PYT, YACEP

Dates: Tuesdays

Session 1: March 17 – April 21

Session 2: May 5 – June 16 **(No class 5/26)**

Time: 5:45 – 6:45 P.M.

Location: Peaceful Chaos Yoga Studio

Pricing: \$85 resident/\$95 non-resident

BROADWAY JAZZ CLASS

Learn easy-to-follow dance steps set to Broadway-style music, build confidence and have fun. Come laugh, meet new people, and enjoy the time of your life ~ there's never a dull moment in Jazz class!

Ages: 18 and up

Instructor: Lynn Agnew

Dates: Tuesdays

Session 1: March 17 – April 21

Session 2: May 5 – June 16 **(no class 5/26)**

Time: 6:00 – 6:45 P.M.

Location: Town Hall Gym

Pricing: \$50 resident/\$60 non-resident



CPR/FIRST AID TRAINING

Adult/Child/Infant CPR and AED: Learn the skills of CPR and AED use for adults, children and infants.

First Aid Essentials: This class will cover the most common emergencies and the immediate actions needed to care for someone until Emergency Medical Services arrive.

Class is very hands on and interactive

Ages: 15 & up

Staff: Life Safe Services

Dates: Wednesday & Thursday
May 20 & May 21

Time: 6:00 – 9:00 P.M.

Location: Town Hall Arch Room

Pricing: \$95 resident/\$105 non-resident



TOWN HALL GYM PROGRAMS

Men's Basketball 18+

Tuesdays
March 31 – August 11
7:00 – 9:00 P.M.
Town Hall Gym
\$60 resident
\$70 non-resident
Supervisor: Jorge Sousa



Co-Ed Volleyball

Wednesdays
Ages 18+
April 1 – August 12
Beg/Inter: 6:00 – 7:30 P.M.
Adv: 7:30 – 9:00 P.M.
\$60 resident
\$70 non-resident
Supervisor: Dave Theobald



Men's Basketball 35+

Thursdays
April 2 – August 13
7:00 – 9:00 P.M.
Town Hall Gym
\$60 resident
\$70 non-resident
Supervisor: Dave Delvalle



Toddler Playgroup

An open-play social experience designed for children with parent or caregiver. Little ones can explore toys, move freely, and interact with others.

Ages: Birth – 5 years old

Staff: Miss Bonnie

Dates: Thursdays, April 9 – June 4

Time: 9:30 – 11:00 A.M.

Location: Town Hall Gym

Pricing: *FREE* Cromwell resident
\$20 non-resident

Play Date in the Park

Join us under the Pierson Park Pavilion. Children can explore, create, and play while building social skills. Engaging activities include sensory station, toys and crafts. In a welcoming outdoor setting, this is the perfect way to enjoy fresh air and fun at the park!

Ages: 2 – 5 **Parent supervision required**

Staff: Miss Bonnie

Dates: Saturday, April 18 ~ **Fly a Kite**

Thursday, June 18 ~ **Go Fishing**

Saturday, July 11 ~ **Teddy Bear Picnic**

Time: 10:00 – 11:00 A.M.

Location: Pierson Park Pavilion

Pricing: \$10 resident/\$15 non-resident per child

Picnic in the Park

Celebrate the end of Toddler Playgroup and the start of summer with a fun-filled outdoor gathering at Pierson Park! Bring your favorite snacks to enjoy, and we'll provide a refreshing treat to keep everyone cool.

Ages: Birth – 5 years old

Staff: Miss Bonnie

Date: Thursday, June 4

Time: 9:30 – 11:00 A.M.

Location: Pierson Park Pavilion

Pricing: *FREE*



Cook, Create & Munch

Children will learn basic food-preparation skills while enjoying the opportunity to create fun, hands-on dishes in conjunction with local Cromwell businesses.

Ages: 2 – 5

Dates: Wednesdays

March 18 – **Cromwell Pizza & Pasta**

April 22 – **Texas Roadhouse**

May 20 – **Tall Man's Ice Cream**

Time: 11:00 – 11:45 A.M.

Location: *Refer to dates above for location*

Pricing: \$10 resident/\$15 non-resident



Spring Celebration Fun

Hop into the season with a festive celebration! Enjoy a themed craft, tasty snacks, story time and free play. Embark on an exciting egg hunt around Town Hall to discover hidden treasures. The Easter Bunny will be making a special appearance for photos.

Ages: Birth – 5 years old

Staff: Miss Bonnie

Date: Thursday, April 2

Time: 10:00 – 11:30 A.M.

Location: Town Hall Gym

Pricing: \$5 resident/\$10 non-resident



Tiny Tot Creations

A creative arts program designed for young children to explore colors, textures, and materials through seasonal projects all while having FUN!

Ages: 2 – 5

Staff: Miss Bonnie

Dates: Fridays, *Monday

*March 16 – **Luck of the Irish**

April 10 – **Rain Showers**

May 1 – **May Day**

June 5 – **Sunshine & Flip Flops**

Time: 10:30 – 11:15 A.M.

Location: Town Hall Activity Room

Pricing: \$15 resident/\$20 non-resident



Music Together

This Music Together class features a lively mix of classic favorites and new songs from the collection, blending traditional tunes, multicultural music, and playful rhythms that inspire movement, singing, and imagination. Families will enjoy weekly classes along with at-home learning materials, including an illustrated songbook and access to recordings through the Music Together app.

Ages: Birth - 5 years old

Instructor: Music Together Staff ~ Miss Amy

Dates: Saturdays

Maracas Spring Session: April 11 - June 27 **(No 4/18)**

Times: 9:30 - 10:15 A.M. **OR** 10:30 - 11:15 A.M.

Kazoo Summer Session: July 11 - August 15

Times: 9:30 - 10:15 A.M. **OR** 10:30 - 11:15 A.M.

Location: Spring: Town Hall Arch Room **Summer:** Dick Nobile Fieldhouse

Pricing: Spring Session: \$230 first child/\$135 sibling **Summer Session:** \$180 first child/\$100 sibling



Wiggles & Giggles

A movement-based program that encourages children to participate in music, movement games, and playful activities that promote coordination, listening, and confidence.

Ages: 2 - 5

Staff: Miss Bonnie

Dates: Mondays

Session 1: March 23, 30, April 6

Session 2: April 20, 27, May 4

Session 3: May 18, June 1, 8

Time: 11:00 - 11:45 A.M.

Location: Town Hall Gym

Pricing: \$15 resident/\$20 non-resident



My Grownup & Me Yoga Play

This light-hearted 45-minute class invites preschoolers and an accompanying adult to move, giggle, and wiggle into yoga together. Expect imaginative poses, songs, stories, and simple games that sneak in coordination, balance, strength, and early social skills. Caregivers jump right in alongside their little ones, getting movement, stretching, and TLC for the muscles that work overtime chasing tiny humans.

Ages: 2 - 4

Instructor: Jeannine Marron, E-RYT200, RCYT95, PYT, YACEP

Dates: Tuesdays

Session 1: March 17 - April 21

Session 2: May 5 - June 9

Time: 11:00 - 11:45 A.M.

Location: Peaceful Chaos Yoga Studio

Pricing: \$75 resident/\$80 non-resident

Skyhawks Multi-Sport Tots

This program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination, and fitness. Packed with learning and teamwork! Parent participation is required with children 3.5 years and younger.

Ages: 2 - 5

Instructor: Skyhawks Staff

Dates: Saturdays, April 25 - June 6

(No 5/23)

Time: 9:00 - 9:45 A.M. - Age 2

10:00 - 10:45 A.M. - Age 3

11:00 - 11:45 A.M. - Age 4 & 5

Location: Pierson Park Practice Field

Pricing: \$95 resident/\$105 non-resident



Messy Play Art

Messy Play Art encourages children to explore creativity through sensory-based art activities. Participants will experiment with materials, textures, and colors in a fun environment where being messy is part of the process.

Ages: 2 - 5

Staff: Miss Bonnie

Dates: Saturdays

Session 1: April 11, 18, 25

Session 2: May 2, 9, 16

Time: 9:00 - 9:45 A.M.

Location: Town Hall Activity Room

Pricing: \$15 resident/\$20 non-resident



April Vacation Camp

Spend April Vacation Week with friends and make it a week to remember! Enjoy arts and crafts, exciting games, and plenty of other fun-filled activities each day. Participants should bring their own snacks and lunch daily.

Field Trip: TBD (included in price)

Grades: K - 5

Staff: Camp Cromwell Staff

Dates: Monday through Friday
April 13 - April 17

Time: 9:00 A.M. - 4:00 P.M.

Location: Woodside Intermediate School

Pricing: \$135 resident/\$145 non-resident



Abrakadoodle April Vacation Camp

Join us for a fun-filled 3D journey! Design wind sculptures, craft squishy paper toys, sculpt colorful hearts and much more! Explore the works of world-renowned artists like Dale Chihuly, Yinka Shonibare and Maurizio Cattelan. This camp is perfect for those who enjoy imagining big and creating boldly!

Grades: K - 5

Instructor: Abrakadoodle Staff

Dates: Monday - Friday, April 13 - April 17

Time: 9:00 A.M. - 12:00 P.M.

Location: Dick Nobile Fieldhouse

Pricing: \$185 resident/\$195 non-resident

TEEN NIGHT

Teen Night is the perfect way for students in grades 5-8 to spend a fun and active evening in the Town Hall Gym! Participants will enjoy a variety of open gym games, including floor hockey, basketball, and indoor soccer. Grab your friends and join us for a night full of energy and fun!

Grades: 5 - 8

Staff: Camp Cromwell Staff

Date: Friday, April 24

Time: 6:00 - 9:00 P.M.

Location: Town Hall Gym

Pricing: \$25 resident/\$35 non-resident

Pizza and drinks provided.



Skyhawks Volleyball Clinic

This co-ed program is designed for beginner to intermediate players and emphasizes both skill development and essential life lessons such as teamwork and sportsmanship. Participants will learn passing, setting, hitting, and serving through drills, game-based activities, and daily scrimmages that support overall player development.

Ages: 10 - 14

Instructor: Skyhawks Staff

Dates: Wednesdays, April 22 - May 27

Time: 4:00 - 5:45 P.M.

Location: Town Hall Gym

Pricing: \$155 resident/\$165 non-resident



Intro to Tennis

Class is designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified games tailored to the age and size of the player, focusing on using drills to improve balance, coordination, and agility.

Ages: 4 - 13

Instructor: Tennis & Fitness Center of Rocky Hill Staff

Dates: Tuesdays and Thursdays

Session 1: April 21 - May 14*

Session 2: June 2 - June 25

Session 3: July 14 - August 6

Time: 6:00 - 7:00 P.M.

Location: Watrous Park Tennis Courts

Pricing: \$145 resident/\$155 non-resident

**Time may be modified due to CHS Tennis Season*



Skyhawks Flag Football Clinic: Girls/Boys

Score a touchdown with Skyhawks Flag Football!

This program teaches passing, receiving, kicking, and flag pulling, all while emphasizing heart and spirit. Participants gain confidence and learn life lessons like teamwork and leadership in a fun, supportive environment. Suit up and get in the game with Skyhawks Flag Football!

Grades: 1 - 4

Instructor: Skyhawks Staff

Dates: Saturdays, April 25 - June 6

(No 5/23)

Girls: 12:00 - 1:00 P.M.

Boys: 1:15 - 2:15 P.M.

Location: Pierson Park Practice Field

Pricing: \$105 resident/\$115 non-resident



Abrakadoodle ~ Drawsters: Sketcher Kids

Create your own personal sketchbooks just like professional artists do. Learn a variety of techniques and secrets that make drawing both easy and entertaining, having fun with cats, viewfinders, kid drawing and a variety of drawing materials and exercises. They will have their own personal sketchbook to take home!

Grades: K - 2(ECS) / 3 - 5(WIS)

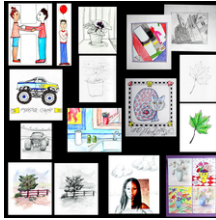
Instructor: Abrakadoodle Staff

Dates: Tuesdays, March 24 - April 21

Time: 3:30 - 4:30 P.M.

Location: ECS / WIS

Pricing: \$62 resident/\$72 non-resident



Abrakadoodle ~ Story Creations!

Let the pictures of your favorite stories inspire you! Make artwork in the style of the illustrators who created The Very Hungry Caterpillar, Mouse Paint, Pout-Pout Fish, Chicka Chicka Boom Boom, A Color of His Own and many more classics! Allow the pages to come to life as you make your own Story Creations!

Grades: K - 2(ECS) / 3 - 5(WIS)

Instructor: Abrakadoodle Staff

Dates: Tuesdays, May 5 - May 26

Time: 3:30 - 4:30 P.M.

Location: ECS / WIS

Pricing: \$62 resident/\$72 non-resident



Affinity E-Sports ~ Minecraft Modlab

In this creative and technical class, students will explore the world of Minecraft through modding. Using code and logic, they will learn how to customize their Minecraft experience, design unique elements, and gain an introduction to programming in a fun, interactive way.

Ages: 7 - 13

Instructor: Affinity E-Sports Staff

Dates: Mondays, March 23 - April 27 (no 4/13)

Time: 3:30 - 5:00 P.M.

Location: Woodside Dock n Dine

Pricing: \$150 resident/\$160 non-resident



Affinity E-Sports ~

Content Creation/Livestreaming

This program introduces participants to digital content creation. Students learn on-camera presentation, storytelling, recording, editing basics, and safe online practices while building confidence and technical skills.

Ages: 7 - 13

Instructor: Affinity E-Sports Staff

Dates: Mondays, May 11 - June 8 (no 5/25)

Time: 3:30 - 5:20 P.M.

Location: Woodside Dock n Dine

Pricing: \$150 resident/\$160 non-resident



Kids Self Defense Course

This class teaches basic karate skills as well as simple moves to escape grabs, chokes and unwanted hugs. Stranger danger and how to handle bullies will also be discussed.

Grades: K - 5

Instructor: Master Debbie Bissonnette, Champions Karate School

Dates: Wednesday & Thursday, June 17 & 18

Time: 6:00 - 7:00 P.M.

Location: Town Hall Arch Room

Pricing: \$25 resident/\$35 non-resident

Teen Self Defense Class

Designed specifically for high school and college-aged women, participants will learn how to be aware of their surroundings, recognize potential danger early, and confidently navigate everyday situations. The class focuses on practical safety strategies and simple, easy-to-remember self-defense techniques that can be used under stress.

Ages: 13 and up

Instructor: Master Debbie Bissonnette, Champions Karate School

Date: Wednesday, June 17

Time: 7:00 - 8:00 P.M.

Location: Town Hall Arch Room

Pricing: \$30 resident/\$35 non-resident



DON'T LET A GREAT PROGRAM GET CANCELED!

Programs may be modified or canceled one week prior to the start date if minimum enrollment is not met.

Early registration helps us coordinate facilities, staffing, volunteers, and supplies.

PLEASE REGISTER EARLY!

ZUMBA

Get ready to move, sweat, and have FUN! This full-body workout improves cardiovascular fitness, coordination, and endurance while feeling more like a dance party than exercise. Bring your energy and be ready to enjoy a fun, supportive, and upbeat atmosphere.

Ages: 12 and up

Instructor: Briana O' Leary Frye

Dates: Mondays, April 20 – June 1
(no class 5/25)

Time: 7:00 – 8:00 P.M.

Location: Town Hall Gym

Pricing: \$60 resident/\$70 non-resident

**POUND FITNESS**

Release your inner Rockstar! Participants build confidence and unleash freedom to let loose and experiment movement, love our body while improving it, make noise and exist exactly as you were designed. Lightly weighted Ripstix® provided.

Ages: 13 and up

Instructor: Donna Dorbuck

Dates: Thursdays

Session 1: March 19 – April 23

Session 2: May 7 – June 11

Session 3: June 25 – July 30

Time: 5:00 – 6:00 P.M.

Location: Town Hall Gym

Pricing: \$55 resident/\$65 non-resident

**TENNIS FOR TEENS & ADULTS ~ BEGINNER**

This beginner program will get you started playing tennis in 8 weeks; and that's FAST! Start learning with larger slower balls using the short courts and quickly move through progression to get your game up to full court play.

Ages: 14 and up

Instructor: Tennis & Fitness Center of Rocky Hill Staff

Dates: Tuesdays & Thursdays

Session 1: April 21 – May 14*

Session 2: June 2 – June 25

Session 3: July 14 – August 6

Time: 7:00 – 8:00 P.M.

Location: Watrous Park Tennis Courts

Pricing: \$145 resident/\$155 non-resident

**Time may be modified due to CHS Tennis Season*

BEGINNER/ADVANCED PICKLEBALL

These 2 pickleball classes are designed for players of varying skill levels, covering core fundamentals such as proper grip, serves, groundstrokes, volleys, rules, and gameplay, while also advancing skills through shot variety, spin, movement, strategy, and effective practice techniques to support continued improvement.

Ages: 14 and up

Instructor: Coach Pete O'Callaghan

Dates: Mondays and Wednesdays

Beg. Session 1: April 20 – May 13* 6:00 – 8:00 P.M.

Beg. Session 2: June 1 – June 24 5:30 – 7:30 P.M.

Adv. Beg. Session 2: June 1 – June 24 7:00 – 9:00 P.M.

Beg. Session 3: July 13 – August 5 5:30 – 7:30 P.M.

Adv. Session 3: July 13 – August 5 7:00 – 9:00 P.M.

Location: Watrous Park Tennis Courts

Pricing: \$145 resident/\$155 non-resident

**Time may be modified due to CHS Tennis Season*

**DEEP SAFE BOATING COURSE**

A DEEP Combination Safe Boating/Personal Watercraft class with Safe Water Endorsement is required to operate recreational vessels up to 65 feet including personal watercraft in Connecticut (age restrictions apply). Take this 8 hour class just in time for the upcoming summer boating season. Upon completing this course and passing the exam, which is given during the last class, you will be able to apply for DEEP's Certificate of Personal Watercraft operation. The cost to apply for the certificate is \$50 and is not included in the class fee. A Connecticut Conservation ID Number is required to register.

Ages: 12 and up

Instructor: DEEP Boating Division Staff

Dates: Tuesday & Thursday, April 28 & April 30

Time: 5:00 – 9:00 P.M.

Location: Dick Nobile Fieldhouse

Pricing: \$20 resident/\$25 non-resident



Connecticut
Department of Energy &
Environmental Protection

Family Nature Workshop ~ Paleobotany

Explore fossil evidence and leaf structures to understand Earth's geological history and infer climate conditions. Key concepts include fossilization, climate, geology, and prediction.

Grades: 3 - 5 with a parent or guardian

Instructor: Northwest Park, Windsor Staff

Date: Tuesday, April 7

Time: 5:30 - 7:00 P.M.

Location: Town Hall Activity Room

Pricing: \$5 Residents Only

Dinner provided after the program



Family Nature Workshop ~ Owls

Learn about Connecticut's owl species and their role as apex predators through hands-on observation of taxidermy specimens and owl pellet dissection to identify diet and food chain.

Grades: 3 - 5 with a parent or guardian

Instructor: Northwest Park, Windsor Staff

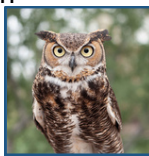
Date: Thursday, May 21

Time: 5:30 - 7:00 P.M.

Location: Town Hall Activity Room

Pricing: \$5 Residents Only

Dinner provided after the program



Babysitter Safety

Students develop the knowledge, skills, and confidence to effectively supervise and manage children in their care. Receive a two-year Child and Babysitting Certification and a 2-year Child/Pediatric CPR/First Aid Certification.

Ages: 11 - 17

Instructor: Life Safe Services

Date: Tuesday, June 23

Time: 9:00 A.M. - 2:00 P.M.

Location: Town Hall Arch Room

Pricing: \$5 Residents Only

Please pack a lunch and a water bottle



Home Alone Safety

This interactive class will cover parents' safety concerns when their children are alone. Students will learn to be more aware of the potential dangers they may face when alone.

Ages: 8 - 13

Instructor: Sarah Calos, Cromwell Youth Services

Date: Wednesday, April 15

Time: 10:00 - 11:30 A.M.

Location: Town Hall Activity Room

Pricing: \$5 Residents Only

Please pack a lunch and a water bottle

Infant and Child CPR

Class teaches lifesaving skills used when a child's breathing or heartbeat stops due to emergencies such as choking, drowning, or injury. This class meets state childcare licensing requirements and is widely accepted by professional state and federal agencies. Receive a 2-year Child/Pediatric CPR Certification.

Ages: 12 and up

Instructor: Life Safe Services

Date: Saturday, May 30

Time: 9:00 A.M. - 12:00 P.M.

Location: Town Hall Arch Room

Pricing: \$5 Residents Only



DIY Family Activity Kits

Spending quality time together as a family is associated with the overall well-being of all family members. Kits may be picked up at the Cromwell Youth Services Office during the designated pickup window. One kit per household.

Ages: 18 + to register

Dates: Family Game Night: Register by April 2 - Pickup by April 6 to 10

Butterfly Life Cycles: Register by May 1 - Pickup by May 7 & 8

Summer Picnic Activities: Register by June 12 - Pick up June 15 to 18

Pick Up Location: Cromwell Youth Services Office

Pricing: \$5 Residents Only; One kit per household



REGISTRATION DEADLINE

TO ENSURE PROPER PLANNING, ALL REGISTRATIONS MUST BE FINALIZED BY 12:00 P.M. ON THURSDAY FOR THE FOLLOWING WEEK. *NO EXCEPTIONS*

CAMP CROMWELL

Days: Monday – Friday

Dates: June 22 – August 7
(No camp July 3)

Time: 9:00 A.M. – 4:00 P.M.

Location: Woodside Intermediate School

Fees: \$195 weekly fee resident
\$205 weekly fee non-resident
*Week 2 – \$160 weekly fee resident
\$170 weekly fee non-resident
\$10 per week sibling discount
Must be registered for the same week

Must call Recreation Office to have sibling discount applied.

Looking to sign up for multiple weeks of camp? Don't want to pay the full fees up front? Look for additional information on our website when registering.

ABOUT CAMP CROMWELL

Camp Cromwell is a seven-week unified summer camp program for children of all abilities entering Grades K–8 in Fall 2026. Camp offers flexible single week registrations or you can participate in the full seven-week session. Children of all abilities are supported, engaged, and encouraged to build friendships in a welcoming community.

FEE INCREASE

Due to the continuing increases to minimum wage and the increase in transportation costs for field trips and on campus entertainment, we have had to increase our fees slightly over last years.

PRE AND POST CAMP

A photo ID is required at pickup. Your name and contact information will appear on the camper pickup form.

PRE-CAMP: 8:00 – 9:00 A.M.

Cost: \$25 per week

POST-CAMP: 4:00 – 5:00 P.M.

Cost: \$25 per week

NOTE: Campers must bring their own drinks and snacks for pre and post camp. They will not be provided by camp.

REGISTRATION PROCEDURES

- Register online at cromwellrec.recdesk.com
- Download and review the Parent Handbook prior to camp
- If your child requires medication, the Authorization for the Administration of Medication form must be completed by a physician prior to the start of camp. **Please allow adequate time for completion**
- All forms are due on the first day of camp
- Campers may be turned away if forms are incomplete, not up-to-date, medication does not meet state requirements, or the camper is not registered for that week
- Space is limited and available on a first-come, first-served basis
- Early registration is strongly recommended
- Non-resident registration begins May 1
- Non-residents are subject to an additional \$10 weekly fee

COUNSELOR IN TRAINING PROGRAM

Program open to teens entering grades 9 through 11 in September with any level of experience in youth mentoring. CIT's earn community service hours by being responsible big brothers and sisters for their Cromwell community. The ideal candidate is responsible, reliable, accountable for their actions and enthusiastic to participate in fun activities with children of various ages. CIT's work during the regular hours of camp alongside adult counselors.

Apply by completing the CIT Volunteer Application and attaching a short paragraph as to why you are applying to be a CIT. Email to recreation@cromwellct.com. References must be at least 18 years old and not a guardian or family member of the candidate.

GRADES K - 4

2026	Dates:	Themes:	Entertainment:
Week 1:	June 22 - 26	Trivia Week	Wednesday, June 24 Bring the Hoopla
Week 2:	June 29 - July 2 no (7/3)	Stars & Stripes	Thursday, July 2 Waterslides on site
Week 3:	July 6 - 10	World Cup Week	Thursday, July 9 Mini Golf on the Go
Week 4:	July 13 - 17	Adventure Week	Wednesday, July 15 Dinosaur Park, Rocky Hill
Week 5:	July 20 - 24	Safari Week	Wednesday, July 22 Mystic Aquarium
Week 6:	July 27 - 31	Science Week	Wednesday, July 29 Science Center Show
Week 7:	August 3 - 7	Carnival Week	Wednesday, August 5 Quassy Amusement Friday, August 7 Carnival on site

**GRADES 5 - 8**

2026	Dates:	Themes:	Entertainment:
Week 1:	June 22 - 26	Trivia Week	Tuesday, June 23 Campardy Trivia
Week 2:	June 29 - July 2 no (7/3)	Stars & Stripes	Thursday, July 2 Waterslides on site
Week 3:	July 6 - 10	World Cup Week	Wednesday, July 8 Berlin Batting Cages
Week 4:	July 13 - 17	Adventure Week	Wednesday, July 15 Winding Trails
Week 5:	July 20 - 24	Safari Week	Wednesday, July 22 Brownstone
Week 6:	July 27 - 31	Science Week	Thursday, July 30 Laser Tag on the Go
Week 7:	August 3 - 7	Carnival Week	Wednesday, August 5 Six Flags Friday, August 7 Carnival on site

LITTLE CAMP CROMWELL SPRING/SUMMER CAMP SUNRISE



ABOUT LITTLE CAMP CROMWELL ~ AGES 3-5

Little campers will enjoy a fun-filled summer adventure featuring seven exciting themed weeks! Each day is packed with age-appropriate activities designed to spark creativity, encourage social interaction, and keep children active and engaged. Campers will enjoy songs, stories, arts and crafts, indoor and outdoor play, library time, and special weekly entertainment. This is a drop-off program with daily parent/guardian drop-off and pick-up required. All activities are led by caring, trained staff in a safe and supportive environment. Children should bring a nut-free snack each day.

LITTLE CAMP CROMWELL

MONDAY, WEDNESDAY & FRIDAY

Location: Town Hall Activity Room

Fees: \$155 resident/\$165 non-resident

*Week 2 - \$105 resident/\$115 non-resident

TUESDAY & THURSDAY

Fees: \$105 resident/\$115 non-resident

FULL WEEK ~ MONDAY THROUGH FRIDAY

Fees: \$235 resident/\$245 non-resident**

Fee includes t-shirt

****There will be a \$25 discount if you register for all five days of the same week.**

Ages: 3 - 5 (Must be potty trained)

Time: 9:00 A.M. - 12:00 P.M.

Week 1: June 22 - 26 ~ Bright Beginnings

Week 2: June 29 - July 2* ~ Red, White and Blue

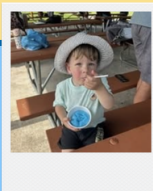
Week 3: July 6 - 10 ~ Move It & Groove It

Week 4: July 13 - 17 ~ Magical Make-Believe

Week 5: July 20 - 24 ~ Storybook Adventures

Week 6: July 27 - 31 ~ Dragons & Fairies

Week 7: August 3 - 7 ~ Fun Fair



SUMMER MUSIC CAMP 2026

Looking for ways to enhance your music skills and experience individualized instruction over the summer? Then Cromwell's Annual Summer Music Camp is for you! Annual concert to be held on Friday, July 17 at 11 A.M.

Ages: Open to students **entering** Grades 4-9 in the Fall of 2026

Staff: Michael Schmidt, Camp Director and Cromwell Public School music teachers

Dates: Monday - Friday, June 29 - July 17 **(no July 3)**

Time: 9:00 A.M. - 12:00 P.M.

Location: Cromwell High School

Fees: \$300 resident/\$310 non-resident

If any students in Grades 3-5 would like to learn a new brass/woodwind/percussion instrument, counselors will offer private lessons during the morning band class.



Camp Sunrise

A special needs camp for children ages 3-21 that provides opportunities for achievement in a supportive environment. Open to residents of Cromwell, Glastonbury, Newington, Rocky Hill and Wethersfield. Camp runs for six one week sessions from June 22 to July 31, Monday through Friday, 9:00 A.M. to 3:00 P.M. at Smith Middle School Cafeteria, Glastonbury. Special registration procedures are required through:

glastonburyct.mrec.com/info/default.aspx. Transportation is provided from Cromwell Town Hall.

For specific questions, please contact Anna Park, Glastonbury Parks and Recreation Department at 860-652-7683.

Program is partially subsidized by the Town of Cromwell and through the generosity of the Knights of Columbus.

Skyhawks Mini-Hawk Camp ~ Ages 5-6

This multi-sport program introduces children to athletics in a fun supportive environment. Participants will learn the basics of baseball, basketball, and soccer through fun, structured games that promote balance, movement, hand-eye coordination, and skill development at their own pace.

Ages: 5 - 6

Staff: Skyhawks Staff

Dates: Monday - Friday

Session 1: June 15 - June 18* (no 6/19)

Session 2: August 10 - August 14

Time: 9:00 A.M. - 12:00 P.M.

Location: CMS Soccer/Multi-Purpose Field

Pricing: \$135 resident/\$145 non-resident *4 days
\$151 resident/\$161 non-resident (5 days)

Skyhawks Multi Sport Camp ~ Ages 7-12

This multi-sport camp introduces young athletes to baseball, basketball, soccer, and flag football. Participants will learn the rules and fundamental skills of each sport through skill-based games and scrimmages, while also developing life lessons such as teamwork and respect.

Ages: 7 - 12

Staff: Skyhawks Staff

Dates: Monday - Friday

Session 1: June 15 - June 18* (no 6/19)

Session 2: August 10 - August 14

Time: 9:00 A.M. - 3:00 P.M.

Location: CMS Soccer/Multi-Purpose Field

Pricing: \$185 residents/\$195 non-resident *4 days
\$205 resident/\$215 non-resident (5 days)

Skyhawks Coed Flag Football ~ Ages 7-12

Whether your child is new to flag football or ready to sharpen their skills, this program encourages growth both on and off the field. Participants will focus on mastering the fundamental skills of the game - including passing, catching, flag pulling, route running, and basic offensive and defensive concepts - through fun drills, games, and controlled scrimmages.

Ages: 7 - 12

Staff: Skyhawks Staff

Dates: Monday - Friday, June 22 - 26

Time: 9:00 A.M. - 3:00 P.M.

Location: CMS Soccer/Multi-Purpose Field

Pricing: \$205 resident/\$215 non-resident

Skyhawks Track & Field Camp ~ Ages 6-10

This program combines technical development and fundamental techniques with safety while keeping a major focus on fun! The fundamentals of body positioning, stride, proper stretching, and cool down techniques are all covered in this unique program. Participants will put it all together for one fun filled day at the end of the week at the Skyhawks track meet!

Ages: 6 - 10

Staff: Skyhawks Staff

Dates: Monday - Friday, July 6 - July 10

Time: 9:00 A.M. - 12:00 P.M.

Location: Cromwell High School Track

Pricing: \$150 resident/\$160 non-resident

Skyhawks Volleyball Camp ~ Grades 6-8

Camp is designed for beginner to intermediate players and focuses on skill development in a fun, supportive environment. Campers will learn and practice passing, setting, hitting, and serving through structured drills, game-based activities, and daily scrimmages. Players will build confidence while learning important life skills such as teamwork, sportsmanship, and cooperation.

Grades: 6 - 8

Staff: Skyhawks Staff

Dates: Monday - Friday

Session 1: July 6 - July 10

Session 2: August 3 - August 7

Time: 9:00 A.M. - 1:00 P.M.

Location: CMS Sand Volleyball Courts

Pricing: \$175 resident/\$185 non-resident

Skyhawks Girls Flag Football ~ Ages 7-12

Camp is designed to empower girls while building a strong foundation in flag football. Campers will develop both offensive and defensive skills through passing, catching, flag pulling, and defensive positioning. Instruction is delivered through fun drills, games, and team activities in a positive and encouraging environment.

Ages: 7 - 12

Staff: Skyhawks Staff

Dates: Monday - Friday, July 20 - July 24

Time: 9:00 A.M. - 1:00 P.M.

Location: CMS Soccer/Multi-Purpose Field

Pricing: \$175 resident/\$185 non-resident



Skyhawks Tennis Camp ~ Ages 6-12

This program breaks down the fundamental skills of tennis through games and exercise to improve the athletes overall coordination and technique. Learn proper grips, footwork, strokes, volleys and serves. Athletes will learn the rules and etiquette that make tennis such an exciting game to play. Ages and skill levels will be divided accordingly.

Ages: 6 - 12

Staff: Skyhawks Staff

Dates: Monday - Friday, July 13 - July 17

Time: 9:00 A.M. - 12:00 P.M.

Location: Watrous Park Tennis Court

Pricing: \$150 resident/\$160 non-resident

**Skyhawks Beginner Tennis Camp ~ Ages 4-5**

This program breaks down the fundamental skills of tennis through games and exercise to improve the athletes overall coordination and technique. Learn proper grips, footwork, strokes, volleys and serves. Athletes will learn the rules and etiquette that make tennis such an exciting game to play. Ages and skill levels will be divided accordingly.

Ages: 4 - 5

Staff: Skyhawks Staff

Dates: Monday - Friday, July 13 - July 17

Time: 12:15 - 1:00 P.M.

Location: Watrous Park Tennis Court

Pricing: \$95 resident/\$105 non-resident

**Futsal and Street Soccer Summer Camp**

Futsal aims to increase the player's personal skills to the next level. It allows players to touch the ball up to 600% more than the traditional soccer thereby increasing the player's decision-making skills and comfort with the ball.

Ages: 6 - 13

Instructor: Coach Alfred Bacabac

Date: Monday - Thursday

Session 1: June 15 - June 18

Session 2: June 29 - July 2

Time: 9:00 A.M. - 12:00 P.M.

Location: Pierson Park

Pricing: \$135 resident/\$145 non-resident

**4th Annual Sal Morello Fundamental Girls Basketball Camp**

Camp is designed to introduce and strengthen fundamental skills. Participants will focus on building proper technique through drills, skill stations, and game-based activities. Emphasis is placed on confidence, teamwork, sportsmanship, and having fun while developing core athletic skills.

Grades: 3 - 8

Instructor: Coach Sal Morello

Dates: Monday - Thursday, June 22 - June 25

Time: 9:00 A.M. - 12:00 P.M.

Location: Cromwell High School Gymnasium

Pricing: \$135 resident/\$145 non-resident

Girls & Boy's Soccer Skills and Development Camp

Players will have the opportunity to develop skills under the watchful eye of Cromwell High School Boys Soccer Coach Angelo Morello. Coach Morello has led the boys soccer program for the past seven years and has taken the team to three final four appearances in the State tournament. He will be teaching the technical part of the game along with an assortment of drills.

Ages: 8 - 13

Instructor: Coach Angelo Morello

Dates: Monday - Friday

Boys: June 22 - June 26

Girls: July 6 - July 10

Time: 9:00 A.M. - 12:00 P.M.

Location: Cromwell High School Soccer Field

Pricing: \$150 resident/\$160 non-resident

**Affinity E-Sports Minecraft Builders**

Minecraft Builders focuses on teamwork, creativity, and guided challenges that help students improve communication and digital building skills. Each session includes structured projects and collaborative activities.

Ages: 7 - 13

Instructor: Affinity E-Sports Staff

Dates: Monday - Friday, July 6 - July 10

Time: 9:00 A.M. - 3:00 P.M.

Location: Dick Nobile Fieldhouse

Pricing: \$400 resident/\$410 non-resident



Angelo Morello Skills and Development Softball Camp

Players will have the opportunity to develop hitting, fielding, baserunning and all aspects of the game under former coach of Cromwell High School Angelo Morello. Coach Morello led the Panthers from 2013-2025 and brought home its first State title in school history in 2022 and were runner-ups in 2023.

Ages: 8 - 13

Instructor: Coach Angelo Morello

Dates: Monday - Friday, July 20 - July 24

Time: 9:00 A.M. - 12:00 P.M.

Location: Cromwell High School Softball Field

Pricing: \$150 resident/\$160 non-resident



Reilly Basketball Summer Clinic

Reilly Basketball Summer Clinics have been held in Connecticut since 1967. This clinic is open to boys and girls finishing grades 3-7 in June 2026. The clinic will emphasize having **FUN** while learning offensive and defensive fundamentals. This clinic is appropriate for players at all skill levels.

Grades: 3 - 7

Instructor: Coach Joe Reilly and Staff

Dates: Monday - Thursday, July 27 - July 30

Time: 9:00 A.M. - 12:00 P.M.

Location: Cromwell High School Gym

Pricing: \$185 resident/\$195 non-resident

CIRCUIT LABS

Interactive Coding: Students use MIT's Scratch programming and Makey Makey boards to design interactive games, stories, and inventions using everyday objects as controllers.

Hands on Electronics: Students will explore the fundamentals of electronics and coding by building simple circuits and creating programmable devices using Arduino.

Grades: 3 - 6

Instructor: Circuit Lab Staff

Date: Monday - Friday, August 10 -14

Time: 9:00 A.M. - 12:00 P.M. | 12:45 - 3:45 P.M.

Location: Dick Nobile Fieldhouse

Pricing: \$210 resident 1 session/\$380 resident 2 sessions

\$220 non-resident 1 session/\$390 non-resident 2 sessions



Girls & Boys Soccer Skills and Development Camp

Players will have the opportunity to develop skills under Coach Morello and Coach Watson. Coaches will be teaching players the technical part of the game and developing skill traits as well as knowledge of the game.

Ages: 14 - 18

Instructor: **Girls** - Coach Angelo Morello

Boys - Coach Watson

Dates: Monday - Friday,

Girls: August 10 - August 14

Boys: August 17 - August 21

Time: 9:30 A.M. - 12:00 P.M.

Location: Cromwell High School Soccer Field

Pricing: \$100 resident/\$110 non-resident



S.T.E.A.M. LEGO® CAMP

Children begin to explore simple machines using LEGO® early childhood materials. Projects include drummers, scissor lifts and wedge launchers. Older age group works with standard LEGO® to problem solve challenges involving structure, levers, gears, and pulleys.

Ages: 5 - 6 and 7 - 10

Instructor: E.Y.E.S. Staff

Date: Monday - Friday, August 17 - August 21

Time: 9:00 A.M. - 12:00 P.M. Ages 5-6

1:00 P.M. - 4:00 P.M. Ages 7-10

Location: Dick Nobile Fieldhouse

Pricing: \$155 resident/\$165 non-resident



ABRAKADOODLE ART THAT POPS! STEAM CAMP

Get ready for a creative adventure where STEM and Art collide in the most POP-tastic ways. We will create anaglyph images, rocket lava lamps, animal sponges, neon lights, pop-up cards and more hands-on art projects.

Ages: 6 - 12

Instructor: Abrakadoodle Staff

Date: Monday - Friday, August 17 - 21

Time: 9:00 A.M. - 12:00 P.M. ~ Half Day

9:00 A.M. - 3:00 P.M. ~ Full Day

Location: Dick Nobile Fieldhouse

Pricing: \$190 resident/\$200 non-resident ~ Half Day

\$340 resident/\$350 non-resident ~ Full Day





ABRAKADOODLE: Kevin and Brian are co-educational directors for Abrakadoodle Central Connecticut. Together, they manage a team of teachers who bring art to the central Connecticut region. They also enjoy bringing a free-spirited safe space for kids to foster their creativity through art by showing techniques and different artistic styles. They have one philosophy when it comes to art: There is *no* wrong at Abrakadoodle!



AFFINITY E-SPORTS: Connecticut's premier organization for healthier gaming, providing safe, inclusive spaces through structured esports programming. Their approach balances wellness, education, competition, and social connection to support positive outcomes such as improved social skills, problem-solving, and academic growth. Affinity Esports has been recognized as Partner of the Year by Post University's Malcolm Baldrige School of Business and honored for Esports Excellence.



PRESCHOOL PROGRAMS: BONNIE SPRAGUE is a former employee of the Department of Children and Families and has 20 years of experience with the State of Connecticut. She looks forward to work with Cromwell's precious pre-school families. She will be responsible and/or helping out with Toddler Playgroup, Picnic in the Park, Play Date in the Park, Spring Celebration, Tiny Tot Creations, Wiggles & Giggles, and Messy Play Art.



ZUMBA: BRIANA FRYE is a life-long dancer who has been a Zumba instructor since 2014. She found her passion for Zumba after looking for opportunities to continue dancing after graduating college. She is certified to teach BI, Aqua Zumba, Zumba Kids, and Zumba Kids Jr. Her favorite part is seeing the smiles and hearing the cheers when a class favorite comes on the playlist. When Briana is not teaching Zumba, she is over at Woodside Intermediate School teaching her third grade students.



POUND FITNESS: DONNA DORBUCK describes herself as a fitness enthusiast. She rediscovered fitness when her daughter got older and a co-worker didn't want to go to a Zumba class alone. She has never looked back! Donna enjoys taking on the challenges of a variety of fitness classes and when she discovered Pound, she was immediately hooked on the format. She believes that working out should be fun and approachable and encourages her students to get lost in the music!



SELF DEFENSE CLASSES: DEBBIE BISSONNETTE owner and master instructor of Champions Karate School, has been teaching karate and self-defense classes for over 28 years. Her passion is to empower women and children by teaching them the skills and mindset to protect and defend themselves.



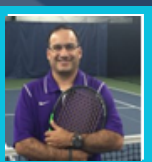
LEGO® PROGRAMS: Exceptional Youth Educational Services (E.Y.E.S) provides opportunities for children ages 4-12 to explore problem solving activities using a hands-on approach to their learning and higher order thinking. We have four programs using LEGO® as the tool for experiential learning and reinforcing S.T.E.A.M. concepts ~ Build With Me, Building Up STEAM, STEAM Works, and Full STEAM Ahead.



YOGA: JEANNINE MARRON is a Cromwell resident and owner of Peaceful Chaos Yoga Studio with a strong desire to increase access to programs for those with disabilities. She is a trauma informed adult and children's yoga instructor with a specialty in serving those with cognitive, physical, or emotional challenges. Jeannine is also certified in First Aid, Mental Health First Aid, and concussion response.



DANCE PROGRAMS: LYNN AGNEW is the Tap Instructor at New England Dance in Cromwell. She has owned and operated her own dance studio and has studied under prominent NYC teachers as well as competed for 12 years! She also teaches "Performing Arts" at the prestigious Fred Astaire Dance Studio. Most recently, Lynn was welcomed back teaching Tap & Jazz Classes at the brand new "Vinnie's Jump & Jive" where she taught for 10 years before moving to Virginia.



TENNIS: MIGUEL GARCIA is the Tennis Director at The Tennis and Fitness Center of Rocky Hill. He has been teaching tennis for the Cromwell Recreation Department since 2022. He is a PTR Certified Pro in 10 & under and 11-17, 2016 USTA New England Junior Team Tennis Organizer of the Year, 2018, SCC Girls' Tennis D1 Coach of the Year, Mercy High Girls' Varsity Coach, and USTA New England Tournament Director.



860-632-3448

www.cromwellct.com/youth-services

cromwellyouthservices@gmail.com



Cromwell Diaper Bank

The Cromwell Diaper Bank is intended to assist Cromwell families with diapers and baby care essentials. This is for income-qualifying families, and applications are available on our website.

Whether monthly or emergency assistance is needed, we are here to help!

Contact Cromwell Youth Services for more information.

If you would like to donate to our diaper bank, please contact us for details.



**Cromwell
Prevention &
Awareness
Council
CPAC**

**Next meeting is
May 21, 2026**

**Meetings are held at Cromwell High School
with a Zoom meeting option from 9:45 AM to 10:25 AM.**

CPAC's mission is to increase community awareness of substance use and abuse and to provide the resources and programs that lead to the prevention of substance abuse in Cromwell through the collaborative efforts of community representatives.

Youth Advisory Board



The Cromwell **YAB** is made up of Cromwell community members who help Cromwell Youth Services in addressing Youth & family community issues. Meetings are on the third Tuesday of each month.

We are looking for community members to attend!

Please contact us to join.



Back to School

Each year, Cromwell Human and Youth Services, with the help of community donations, provides backpacks and school supplies to those in need. Applications will be accepted July 1 - August 5.

Kin Care Connection

This group is for caregivers raising a relative's child(ren) to gather, network, and support one another, while gaining valuable community resources and information. Meetings will provide Kin Caregivers with presentations, guest speakers, and topics of discussion to assist them during their child's adolescence.

Please visit our website for more information.



Summer Picnic Popups

Join us at Watrous Park Pavilion for the Cromwell Youth Services Summer Picnic Popups! Featuring music and entertainment provided by the Sunny Train Band. Grab-and-go lunch and snacks provided, while supplies last.

Start of Summer Picnic ~ June 18, 2026, from 11:30 AM - 1:00 PM

End of Summer Picnic ~ August 14, 2026, from 11:30 AM - 1:00 PM



Follow us!



@cromwellyouthservices



@cromwellctyouth

**Find more information on these programs
and more on our website!**

www.cromwellct.com/youth-services





2026 TOWN OF CROMWELL FARMERS MARKET

The Town of Cromwell Farmers Market returns for the 2026 season at scenic Riverport Park along the Connecticut River. Dedicated to supporting the local economy, enhancing quality of life, and promoting the health and environmental benefits of eating locally, the market has become a valued community tradition.

Join us every Friday from 4:00–7:00 p.m. when the Farmers Market transforms into the “Town Square” of Cromwell. Visitors can enjoy farm-fresh vegetables, locally sourced products, artisan vendors, food trucks, and live music. We look forward to welcoming you for another wonderful season!

SAVE THE DATES!
FRIDAYS
JUNE 5 - SEPT 4
4:00 - 7:00 P.M.
RIVERPORT PARK

**FOLLOW THE TOWN OF CROMWELL
FARMERS MARKET ON FACEBOOK TO
STAY UP TO DATE**



SCAN QR CODE



INTERESTED IN BECOMING A VENDOR OR SPONSOR?

Vendors and sponsors interested in participating in the 2026 Town of Cromwell Farmers Market are encouraged to contact the Recreation Department for additional information. We welcome local farms, artisans, businesses, and community partners who are looking to showcase their products or services.

Please reach out to the Recreation Department to learn more about vendor opportunities and sponsorship packages.



Contact the Recreation Department
E-Mail: recreation@cromwellct.com
Phone: 860-632-3467

SPONSOR





SUMMER CONCERT SERIES
Riverport Park at Frisbee Landing
Wednesdays*
 (*Rain date Thursdays)
6:30 p.m. to 8:30 p.m.



May 20: Jukebox 45 Show Band: Celebrate decades of legendary DooWop Rock "n" Roll

June 17: Sister Funk: All female band bringing a high energy, entertaining show featuring rock-country and folk-pop

In conjunction with the Cromwell Belden Public Library ~ Kickoff to Summer Reading!

June 24: Crossover: Classic Rock, alternative and new country

July 1: Juice Box: Top 40 party band

July 8: The Stevie Tribute Experience: Stevie Nick's legendary voice, music, legacy and collaborations

July 15: Cobblestone Road: Feel good country band with sounds of country and rock from the 90's to today

July 22: Fountainhead: Classic rock band from the 80's club scene

July 29: Chris Marra Band: Timeless rock classics covering the past 50 years

August 5: Downtown 6: Dance music throughout the decades

August 12: Shout: Yacht Rock

In conjunction with the Cromwell Belden Public Library ~ Wrap up to Summer Reading!

Pack a picnic supper, bring a lawn chair or blanket and sit back and enjoy!

Food Trucks will also be onsite for your dining pleasure!





Wednesday, May 20

Rain date: Thursday, May 21



Cromwell Senior Center



5:00 P.M. ~ Senior Picnic

6:00 to 7:00 P.M. ~ Concert

Music by Jukebox 45 Show Band

Join us in celebrating our senior citizens during Older Americans Month!
We welcome friends, families and neighbors of all ages to come together
in appreciation and connection on this special evening.

**\$5 meal ticket for seniors ~ Must be registered
to receive ticket**

Food truck also available for purchase for the general public.

Seniors must register with the Senior Center by May 15 ~ No exceptions!



EGG-STRAVAGANZA EGG HUNT

Date: March 28

Time: 10:00 AM - 12:00 PM

Location: Pierson Park

Age group times: 10:30 AM: ages 9 and under

Age group times: 11:15 AM: ages 10 and above

\$10.00 registration fee per child

**Registration begins March 2 at
cromwellrec.recdesk.com**

Funds raised will support the CHS Dance Team



TEDDY BEAR PICNIC

Join us on Saturday, July 11 at Pierson Park to
celebrate National Teddy Bears' Picnic Day

July 11 - 10:00 A.M. to 11:00 A.M.

This activity is in conjunction with the Cromwell
Senior Center. All ages are welcome to attend ~
young and old!

Activities will include decorating a teddy bear, free
play, as well as intergenerational opportunities.

Special treat will be provided.

Cost: \$10 resident/\$15 non-resident

Must pre register to attend!



Cromwell Senior Center

Lake Compounce Discounted Ticket Deal!!

Great Price!

(COMPARED TO \$60)
**\$43.50 GOOD ANY DAY
TICKETS**

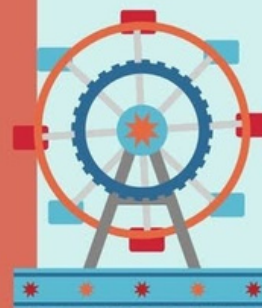
Tickets must be
purchased in person
at the Recreation
Department Office
located in Town Hall
on the lower level!



For more information please contact Cromwell Recreation at:
860-632-3467

THE CROMWELL RIVERPORT FESTIVAL IS RETURNING!

September 24 - 26



**LIVE
MUSIC**

**CARNIVAL
RIDES!**

**FREE
ENTRY**

Splash Pad At Watrous Park

Open from Memorial Day to Labor Day

Operational Hours: Daily from 9 A.M. – 8 P.M.

The Splash Pad is subject to closure at any time due to weather conditions, maintenance, or other operational considerations.

- Splash Pad is unsupervised. All children under the age of 12 must have adult supervision.
- Toddlers must wear swim diapers.
- Patrons engaging in horse play or foul language will be asked to leave.
- Climbing on the splash pad features is strictly prohibited.
- Keep glass containers, bicycles, skateboards, and in-line skates off the splash pad.
- No food or drink on the splash pad.
- NO SMOKING.
- No pets allowed on splash pad.



For your safety, splash pad is under video camera surveillance and is regularly monitored.

Watrous Park Tennis Courts

Courts are open from **March** through **November** (weather permitting)

Courts are available on a first-come, first-serve basis from dawn until 9:00 p.m.

Six tennis courts are available; three courts are lined to accommodate six pickleball courts.

Rules and Regulations:

- No food, glass, or alcoholic beverages permitted.
- No pets allowed.
- No bicycles, rollerblades, or skateboards on the courts.
- Proper footwear is required.
- Vandalism of nets, equipment, or court surfaces is strictly prohibited.

Lighting:

Court lights automatically operate from sunset until 9:00 P.M.

Pickleball Equipment:

A storage locker containing pickleball nets and balls is available.

Please contact the Cromwell Recreation Department at **860-632-3467** to obtain the locker combination.



For your safety, tennis courts are under video camera surveillance and are regularly monitored.

Pavilion Reservations

The Cromwell Recreation Department will be accepting reservations at the beginning of January from Cromwell residents who wish to reserve one of the pavilions at **Watrous Park**, **Pierson Park** or **Riverport Park**.

Non-residents may register beginning April 1, 2026.

Please find a Request for Pavilion Use form on our website. Reservations can now be requested on our website cromwellrec.recdesk.com or by calling the Recreation Department at 860-632-3467.

Watrous Park



Pierson Park



Riverport Park



For your safety, pavilions are under video camera surveillance and are regularly monitored.



Cromwell Recreation Department
41 West Street
Cromwell, CT 06416

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